

**I am independent. I make choices about my life.**  
**I have equal access to education and employment.**  
**I am curious about many things. I am a learner.**  
**I actively participate in society. I am a friend.**  
**I am a dreamer. P.S. I am possible!**

## PSI Continuum Of Care

### PSI Adult Day Health Program

This program is for seniors 55 years and older who have chronic medical conditions. In this program seniors can –

- Retain their functional abilities
- Participate in high-interest daily activities
- Prevent social-emotional isolation

ADHP special interest clubs are designed for seniors:

Picasso Group  
Cooking Club  
Knitting Club  
Book Club  
Drama Club  
Music and Movement Club

### PROGRAM HOURS

Mondays through Fridays 8:00 a.m. to 4:00 p.m.

### ADMISSIONS

Persons must be 21 years and older with a diagnosis of intellectual or other developmental disability. Persons may also have physical disabilities or psychiatric diagnosis.

### INSURANCES ACCEPTED

D.C. MEDICAID

HBCS Waiver prior authorization is required for D.C. Medicaid insurance.

### OTHER INSURANCES AND PRIVATE PAY

See our Intake Office about other insurance eligible and our private pay fee schedule.

### PSI Intake Office

Contact –

Ms. Darlene Tucker

dtucker@psiservicesinc.net

Phone: 202-547-3870 or

1-877-872-7025

Fax: 202-543-0751

PSI complies with all applicable federal and district laws and regulations in its provision of services.



## Community-Based Day Programs for Adults with Developmental and Intellectual Disabilities

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[www.psifamilyservices.com](http://www.psifamilyservices.com)

# Community-Based Day Programs for Adults with Developmental and Intellectual Disabilities

## About PSI

Since its inception in 1979, PSI has supported persons with developmental intellectual disabilities in Washington, D.C. fulfill their personal goals and become integrated into the life of the community. In everything we do, we are faithful to our trademark -- Helping People Grow.®

## About PSI Day Programs

PSI assists adults with disabilities to become included in the life of the community by arranging volunteer internships or helping them find paid employment. We develop the self-sufficiency and self-confidence adults need to realize their personal goals in a variety of community settings.



## How We Do It...

### Comprehensive Assessments

PSI interviews individuals and family to determine their personal goals and interests and conducts functional, vocational, and situational assessments.

### Individual Plans of Care

Together we plan individualized community activities that best-fit the personal goals and vocational interests and abilities.

### Community Integration Activities

Persons spend a minimum of 50% to 100% of their 6-hour day in the community. Here is what they do:

### Volunteer Placements

PSI enters into written agreements with area employers to provide safe and appropriate work space for persons we refer, while PSI provides on-site support:

- Health Care – hospitals and nursing homes
- Food Services
- Janitorial and Building Services
- Clerical Services
- Arts and Humanities – galleries, museums and theatres
- Mass Communications – radio and television
- Landscape and Gardening

PSI's employer recruitment program is ongoing. We continuously develop new work settings to meet the interests and goals of the persons we serve.



Winds of change, waves of hope.



### Paid Employment

PSI Job Club accepts vacancies from private employers. We help persons complete applications and interview. After the person is employed, we do benefits counseling and individualized on-the-job follow along supports.

### Social Skills Training

PSI integrates appropriate social skills training in our program. We enable persons to be socially appropriate and confident at home and in a variety of social and recreational community settings.

### Independent Living Training

PSI trains persons to function with minimal or no assistance in solving the challenges of daily living essential to community inclusion: personal health and safety, shopping, public transportation, and asking for assistance.

### Personal Coaching

PSI incorporates personal coaching in all of its activities. We focus on the self-esteem and personal support needs of the individual.